

# IAOC

International Advanced Orthopaedic Congress

18 – 20 May 2017, Dubai, UAE

Supported by



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رابطة جراحي اليد الاماراتية

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**First  
Announcement  
and Call for  
Papers**

## Key Highlights of IAOC 2017

- High-profile international faculty
- A series of pre-congress workshops and instructional courses
- Complex case discussions from around the world
- A series of instructional courses
- An exhibition showcasing the latest innovations in orthopaedic
- An exclusive cadaveric workshop and instructional course dedicated for physiotherapists and occupational therapists

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Dear Friends and Colleagues,

Following the success of the 3<sup>rd</sup> International Advanced Orthopaedic Congress (IAOC), the 4<sup>th</sup> edition of IAOC will be held once again in Dubai on 18 – 20 May 2017.

With its concept of high quality instructional courses and seminars combined with free paper sessions, the last edition of IAOC attracted more than 160 leading international and regional orthopaedic and plastic surgeons, consultants, specialists, orthopaedic nurses, physiotherapists and trainees.

The 2017 congress will follow the same concept, creating an exceptional educational environment as well as an international platform for paper presentations and interactive discussion and debates. In addition to two days of the main conference, the congress will also feature a series of pre-congress workshops and instructional courses including cadaveric workshops. The congress will also feature for the first time a cadaveric course dedicated to physiotherapists and occupational therapists.

We would like to welcome all interested practitioners to participate and contribute to the discussions and debates at IAOC 2017. We look forward to welcoming you to what promises to be one of the most exciting events of its kind in the region.

Kind regards,



**Dr. Khalid Alawadi**  
Congress Chairman



**Dr. Nebojsa Jovanovic**  
Congress Co-chairman

## What delegates said about last year's IAOC 2016?

“It was a very good and informative congress. Sessions were scientific and very enriching.”

**Hashem Khatib**  
Consultant – Orthopaedic,  
**Dubai Health Authority, UAE**

“The congress was very informative and it was also an excellent opportunity for networking with practitioners from different countries and also with solution providers.”

**Reema Yusuf**  
Hand Therapist, **Bahrain Defence Force Royal Medical Services (BDF) Hospital, Bahrain**

“It was a great learning experience to know about the most recent and innovative treatment modalities in orthopaedics.”

**Dr. Prakash Chawla**  
Specialist Orthopaedic Surgery,  
**Joseph Polyclinic, UAE**

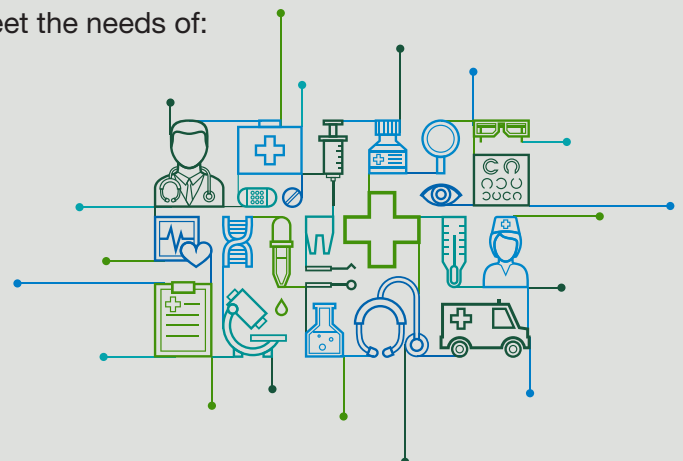
“A very nice combination of speakers between orthopaedic and plastic surgeons.”

**Khalat Moussa**  
Consultant – Orthopaedic Surgery  
**Dubai Bone and Joint Center, UAE**

## Who Should Attend?

The programme for IAOC 2017 has been designed to meet the needs of:

- Orthopaedic Specialists / Surgeons
- Hand, Shoulder and Upper Limb Surgeons
- Sports Medicine Specialists
- Plastic and Cosmetic Surgeons
- Trauma Specialists
- Physiotherapists, Hand Therapists and Occupational Therapists
- Orthopaedic Nurses
- Students / Interns / Trainees
- Other related practitioners



# What's New at IAOC 2017?



Cadaveric Workshop for **Physiotherapists / Occupational Therapists** for the First Time



Exclusive Course on **Wide Awake Surgery** Technique by Dr. Donald Lalonde



A Series of **Cadaveric Workshops**



**Exhibition** Showcasing Latest Innovations in Orthopaedics



Hands-on **Instructional Courses** on Splinting

## WHAT'S NEW AT **IAOC** 2017?



Attended by **160+ Practitioners** from **30+ Countries**



A **Keynote Address** on Elbow Arthroscopy



A Line-up of High-Profile **Speakers** Including Presidents of Hand Societies of **UAE, Russia, India, Canada and Norway**





# Speaker Faculty



**Dr. Boris Poberaj**  
Orthopaedic Surgeon,  
Aspeter, Qatar



**Dr. Donald Lalonde**  
Professor of Surgery,  
Dalhousie University Medical  
School, Canada



**Dr. Emilio Calvo**  
Shoulder and Elbow Reconstructive  
Surgery Unit, Department of  
Orthopedic Surgery and Traumatology,  
Head Fundación Jiménez Díaz  
Universidad Autónoma, Madrid, Spain



**Dr. Girgis Saad Latif**  
Specialist Orthopedic and  
Trauma Surgeon,  
Rashid Hospital, UAE



**Dr. Hamed Badawi**  
Consultant Hand Surgeon,  
Rashid Hospital, UAE



**Dr. Hermann Krimmer**  
Specialist, Hand and Microsurgery,  
Associate Professor,  
University of Würzburg, Germany



**Dr. Igor Golubev**  
Chairman of the Board,  
Russian Hand Surgery, Russia



**Dr. Jan Haugstvedt**  
Division Chair, Consultant Hand  
Surgery, Department of Orthopedics,  
Østfold Hospital Trust, Moss, Norway



**Dr. Khalid Alawadi**  
Consultant Hand and Plastic  
Surgeon, Trauma Department,  
Rashid Hospital, Dubai, UAE  
President - Emirates Hand  
Surgery Chapter  
Vice President - Emirates  
Plastic Surgery Society



**Lisa Kek**  
Occupational Therapist,  
Dalhousie University Medical School,  
Canada



**Dr. Nebojsa Jovanovic**  
Consultant Orthopedic, Hand  
Surgery and Microsurgery,  
Trauma Department,  
Rashid Hospital, Dubai, UAE



**Dr. Raja Sabapathy**  
Chairman, Department of Plastic  
Surgery, Hand and Reconstructive  
Surgery and Burns,  
Ganga Hospital, Coimbatore, India



**Dr. Rohit Arora**  
Team Leader Hand and Elbow  
Surgery, Vice Director of the  
Department of Trauma Surgery,  
Medical University Innsbruck, Austria



**Dr. Tim Creswell**  
Upper Limb and Hand Surgeon,  
Pulvertaft Hand Centre and the  
Trauma and Orthopaedic Unit,  
Royal Derby Hospital, UK



# Pre-Congress Workshops

Thursday: 18 May 2017

## Pre-Congress Cadaveric Workshops – Morning Sessions

### Workshop A: Peripheral Nerve Entrapment and Peripheral Nerve Dissection

Workshop Leader:

**Dr. Raja Sabaphaty**

Chairman, Department of Plastic Surgery, Hand and Reconstructive Surgery and Burns, Ganga Hospital, Coimbatore, India

08:00 **Ulnar Nerve Compression in Cubital Tunnel**

08:45 **Anterior Interosseous Nerve Compression**

09:30 **Radial Nerve Compression**

10:15 *Coffee and Networking Break*

10:45 **Wartenburg Syndrome**

11:30 **Ulnar Nerve Compression in Guyon Canal**

12:15 **Median Nerve Compression in Carpal Tunnel**

13:00 *Prayer and Lunch Break and End of Workshop A*

### Workshop B: Wrist Advanced Fixation

Course Leader:

**Dr. Rohit Arora**

Team Leader Hand and Elbow Surgery, Vice Director of the Department of Trauma Surgery, Medical University Innsbruck, Austria

08:00 **Volar Approach Distal Radius**

09:00 **Dorsal Approach**

10:00 **Fragment Specific Fixation**

10:30 *Coffee and Networking Break*

11:00 **Scaphoid Fixation Percutaneous**

12:00 **Ulna Fixation Plate**

13:00 *Prayer and Lunch Break and End of Workshop B*

## Pre-Congress Cadaveric Workshops – Afternoon Sessions

### Workshop C: Hand Dissection Course (Wide Awake Technique)

Course Leaders:

**Dr. Donald Lalonde**

Professor of Surgery, Dalhousie University Medical School, Canada

**Lisa Kek**

Occupational Therapist, Dalhousie University Medical School, Canada

14:00 **Skin Incisions Design**

14:45 **Latest Techniques in Wide Awake Flexor Tendon Repair and Therapy**

15:30 **Latest Techniques in Wide Awake Extensor Tendon Repair and Therapy**

16:15 *Coffee and Networking Break*

16:30 **Demonstration of How Relative Motion Splinting Helps with Treating Tendon Injuries (ie: Boutonniere, Interosseus Tear and Extensor Tendon Lacerations) and Other Hand Conditions**

18:00 *End of Workshop C*

### Workshop D: Hand Fixation

14:00 **Variable Angle Hand Fracture Fixation**

14:45 **Correction Osteotomy Plate for Phalanx**

15:30 **Volar Plate Fracture Fixation, Shot Gun Approach**

16:15 *Coffee and Networking Break*

16:30 **Bennett Fracture Hand, Wagner Approach**

17:15 **Cap Flex, PIP Joint Replacement**

18:00 *End of Workshop D*

## Call for Papers

The scientific committee announces the call for papers for IAOC 2017. We welcome topics that focus on Shoulder, Hand, Elbow, Forearm and Wrist.

For more details and to submit your abstract online please visit [www.aocongress.com](http://www.aocongress.com)

Please note that the deadline for abstract submission is 1<sup>st</sup> of March 2017.

Note: Each cadaveric workshop has a maximum capacity of only 30 participants and will be on a first come first serve basis.

# Main Congress

Friday: 19 May 2017

## Main Congress Day 1

### Hand and Wrist

07:30 *Registration and Refreshments*

08:00 **Opening Remarks by the Congress Chair**

### Free Paper Presentations

Moderator:

**Dr. Khalid Alawadi**

Consultant Hand and Plastic Surgeon, Trauma Department - Rashid Hospital, Dubai, UAE; President - Emirates Hand Surgery Chapter; Vice President - Emirates Plastic Surgery Society

08:30 **Free Paper Presentations**

### Roundtable Session – Scaphoid Non-union

Moderator:

**Dr. Jan Haugstvedt**

Division Chair, Consultant Hand Surgery, Department of Orthopedics, Østfold Hospital Trust, Moss, Norway

09:30 **Scaphoid Non-union: My Way**

**Dr. Jan Haugstvedt**

Division Chair, Consultant Hand Surgery, Department of Orthopedics, Østfold Hospital Trust, Moss, Norway

09:50 **Scaphoid Non-union: Current Role of Vascularized Bone Graft**

**Dr. Igor Golubev**

Chairman of the Board of the Russian Hand Surgery, Russia

10:10 **Scaphoid Non-union: How to Provide Optimal Fixation Stability**

**Dr. Raja Sabaphaty**

Chairman, Department of Plastic Surgery, Hand and Reconstructive Surgery and Burns, Ganga Hospital, Coimbatore, India

10:30 *Coffee and Networking Break*

### Keynote Presentation: Wide Awake Hand Surgery

11:00 **Getting Started with Wide Awake Hand Surgery in Your Practice**

**Dr. Donald Lalonde**

Professor of Surgery, Dalhousie University Medical School, Canada

11:15 **How WALANT is Changing Hand Surgery and Hand Therapy**

**Dr. Donald Lalonde**

Professor of Surgery, Dalhousie University Medical School, Canada

### Roundtable Session – Wrist Examination

Moderator:

**Dr. Hamed Badawi**

Consultant Hand Surgeon, Rashid Hospital, UAE

11:30 **Wrist Examination**

**Dr. Rohit Arora**

Team Leader Hand and Elbow Surgery, Vice Director of the Department of Trauma Surgery, Medical University Innsbruck, Austria

12:30 *Prayer and Lunch Break*

### Roundtable Session – Arthroscopy

Moderator:

**Dr. Ehab Bassim Aldlyami**

Specialist Orthopedic and Hand Surgeon, Trauma Department - Rashid Hospital, UAE

14:30 **Arthroscopic Anatomy**

**Dr. Jan Haugstvedt**

Division Chair, Consultant Hand Surgery, Department of Orthopedics, Østfold Hospital Trust, Moss, Norway

14:50 **Role of Arthroscopic Guided Wrist Surgery**

**Dr. Igor Golubev**

Chairman of the Board of the Russian Hand Surgery, Russia

15:10 **TFCC Fovea Attachment- Arthroscopic Technique**

**Dr. Jan Haugstvedt**

Division Chair, Consultant Hand Surgery, Department of Orthopedics, Østfold Hospital Trust, Moss, Norway

### Case Discussion: Mal and Non-union Around the Wrist

Moderator:

**Dr. Nebojsa Jovanovic**

Consultant Orthopedic, Hand Surgery and Microsurgery, Trauma Department - Rashid Hospital, Dubai, UAE

15:30 **Case Discussion: Mal and Non-Union Around the Wrist**

**Dr. Nebojsa Jovanovic**

Consultant Orthopedic, Hand Surgery and Microsurgery, Trauma Department - Rashid Hospital, Dubai, UAE

### Upper Extremity and Microsurgery

Moderator:

**Dr. Khalid Alawadi**

Consultant Hand and Plastic Surgeon, Trauma Department - Rashid Hospital, Dubai, UAE; President - Emirates Hand Surgery Chapter; Vice President - Emirates Plastic Surgery Society

17:00 **Upper Extremity and Microsurgery**

**Dr. Raja Sabaphaty**

Chairman, Department of Plastic Surgery, Hand and Reconstructive Surgery and Burns, Ganga Hospital, Coimbatore, India

18:00 *End of Main Congress Day 1*



# Main Congress

**Saturday: 20 May 2017**

## Main Congress Day 2

### Elbow and Shoulder

07:30 *Registration and Refreshments*

07:50 **Opening Remarks by the Congress Chair**

### Free Paper Presentations

Moderator:

**Dr. Khalid Alawadi**

Consultant Hand and Plastic Surgeon, Trauma Department - Rashid Hospital, Dubai, UAE;  
President - Emirates Hand Surgery Chapter; Vice President - Emirates Plastic Surgery Society

08:00 **Free Paper Presentations**

### Roundtable Session – Shoulder Instability

Moderator:

**Dr. Bilal Elyafawi**

Consultant Orthopedic and Trauma Surgeon, Head of Trauma Department - Rashid Hospital, UAE

09:00 **AC Joint Instability – Acute / Chronic**

**Dr. Boris Poberaj**

Orthopaedic Surgeon, Aspetar, Qatar

09:20 **Anterior Shoulder Instability**

**Dr. Emilio Calvo**

Shoulder and Elbow Reconstructive Surgery Unit, Department of Orthopedic Surgery and Traumatology, Head Fundación Jiménez Díaz Universidad Autónoma, Madrid, Spain

09:40 **Proximal Humerus Fracture Fixation: Advanced Technique**

**Dr. Girgis Saad Latif**

Specialist Orthopedic and Trauma Surgeon - Rashid Hospital, UAE

10:00 *Coffee and Networking Break*

### Keynote Presentation: Elbow Arthroscopy

10:30 **Getting Started with Elbow Arthroscopy**

**Dr. Tim Creswell**

Upper Limb and Hand Surgeon, Pulvertaft Hand Centre and the Trauma and Orthopaedic Unit, Royal Derby Hospital, UK

10:45 **Elbow Arthroscopy: Tricks and Pitfalls**

**Dr. Tim Creswell**

Upper Limb and Hand Surgeon, Pulvertaft Hand Centre and the Trauma and Orthopaedic Unit, Royal Derby Hospital, UK

### Roundtable Session – Shoulder and Elbow Examination

Moderator:

**Dr. Malallah Hassan Ali Karmustaji**

Specialist Orthopaedic, Rashid Hospital, UAE

11:00 **Shoulder Examination**

**Dr. Emilio Calvo**

Shoulder and Elbow Reconstructive Surgery Unit, Department of Orthopedic Surgery and Traumatology, Head Fundación Jiménez Díaz Universidad Autónoma, Madrid, Spain

11:30 **Elbow Examination**

**Dr. Tim Creswell**

Upper Limb and Hand Surgeon, Pulvertaft Hand Centre and the Trauma and Orthopaedic Unit, Royal Derby Hospital, UK

12:00 *Prayer and Lunch Break*

### Roundtable Session – Sport Injury of Shoulder and Elbow

13:00 **Elbow Instability**

**Dr. Tim Creswell**

Upper Limb and Hand Surgeon, Pulvertaft Hand Centre and the Trauma and Orthopaedic Unit, Royal Derby Hospital, UK

13:20 **Radial Head Fixation / Replacement**

**Dr. Rohit Arora**

Team Leader Hand and Elbow Surgery, Vice Director of the Department of Trauma Surgery, Medical University Innsbruck, Austria

13:40 **Elbow Stiffness**

**Dr. Tim Creswell**

Upper Limb and Hand Surgeon, Pulvertaft Hand Centre and the Trauma and Orthopaedic Unit, Royal Derby Hospital, UK

### Case Discussion: Fixation vs Replacement of Radial Head

Moderator:

**Dr. Girgis Saad Latif**

Specialist Orthopedic and Trauma Surgeon - Rashid Hospital, UAE

14:00 **Case Discussion: Fixation vs Replacement of Radial Head**

**Dr. Girgis Saad Latif**

Specialist Orthopedic and Trauma Surgeon - Rashid Hospital, UAE

15:30 *Coffee and Networking Break*

### Free Paper Session

16:00 **Free Paper Presentations**

17:00 *End of IAOC Congress 2017*

# Instructional Courses @ IAOC 2017

## Instructional Course 1 Friday: 19 May 2017

Course Leaders:

**Dr. Donald Lalonde**

Professor of Surgery, Dalhousie University  
Medical School, Canada

**Lisa Kek**

Occupational Therapist, Dalhousie University  
Medical School, Canada

- 08:00 **Clinical Discussion:** Therapist management of flexor tendon repair using true active movement.
- 09:15 **Splinting Module and Clinical Discussion:** Incorporating relative motion splinting in practice

## Instructional Course 2 Saturday: 20 May 2017

Course Leaders:

**Dr. Donald Lalonde**

Professor of Surgery, Dalhousie University  
Medical School, Canada

**Lisa Kek**

Occupational Therapist, Dalhousie University  
Medical School, Canada

- 08:00 **Clinical Discussion:** Early active movement of finger fractures
- 09:15 **Basic Splinting Module and Clinical Discussion:** Good splinting principles in early active movement of finger fractures: Mobility vs. protection.
- 10:00 **Basic Splinting Module:** One pattern many uses: Wrist and long thumb spica splinting
- 11:00 **Presentation:** Things you should know about hand therapy and may not

## Sponsorship and Exhibition Opportunities:

Partnering and exhibiting at IAOC 2017 will provide your company with a unique platform to present your products and services to senior decision-makers most relevant to the orthopaedic sector.

For more details contact:

**Darshvir Kaur**

Sponsorship Sales Manager

Tel: + 971 4 38 94 564

Mobile: + 971 52 104 2303

[darshvir.kaur@uae.messefrankfurt.com](mailto:darshvir.kaur@uae.messefrankfurt.com)



## Group Delegate Packages

IAOC 2017 will be an opportunity for you to be a part of important discussions where international and regional orthopaedic experts will share the latest updates in various pathologies and new treatment techniques.

For more details contact:

**Wajahat Hussain**

Sales Manager

Tel: +971 4 38 94 621

[wajahat.hussain@uae.messefrankfurt.com](mailto:wajahat.hussain@uae.messefrankfurt.com)





# Registration Form:



## 4 Easy Ways to Register:

Call us on: +971 4 38 94 500

Complete this form and fax to: +971 4 35 85 511

E-mail us on: conference@uae.messefrankfurt.com

Register online: www.aocongress.com

## I/We would like to register for:

Pre-congress Cadaveric Workshops (18 May 2017)				
		Early Bird Rate 1* Until 18 March 2017	Early Bird Rate 2* Until 18 April 2017	Normal Rate*
<input type="checkbox"/>	<b>Half Day Workshop</b> (Any 1 morning session <b>OR</b> any 1 afternoon session. Please mark the workshop you would like to attend – A / B / C / D)	US\$ 495	US\$ 545	US\$ 595
<input type="checkbox"/>	<b>Full Day Workshops</b> (Any 1 morning session <b>AND</b> any 1 afternoon session. Please mark the workshops you would like to attend – A / B and C / D)	US\$ 890	US\$ 940	US\$ 1,090

Main Congress (19 – 20 May 2017)				
<input type="checkbox"/>	Non-members	US\$ 695	US\$ 795	US\$ 895
<input type="checkbox"/>	Members of Supporting Associations	US\$ 545	US\$ 645	US\$ 745
<input type="checkbox"/>	Reduced Rate Countries **	US\$ 545	US\$ 645	US\$ 745
<input type="checkbox"/>	Residents, Trainees, Interns, Nurses, Paramedics and Physiotherapists	US\$ 295	US\$ 395	US\$ 495

**Notes:**  
 \*Additional 10% Dubai Department of Tourism and Commerce Marketing (DTCM) charges applicable to prevailing rates  
 \*\* Reduced rate countries include India, Pakistan, Nepal and Afghanistan. Applicable only to delegates who currently practice only in these countries.  
 \*\*\* Payments should be made within the expiry of the early bird period to avail the early bird rates  
 \*\*\*\* Each cadaveric workshop has a maximum capacity of only 30 participants and will be on a first come first serve basis.

## Personal Details:

	Title	First Name	Last Name	Job Title	Department	Mobile	E-mail
1 <sup>st</sup> Delegate							
2 <sup>nd</sup> Delegate							
3 <sup>rd</sup> Delegate							
4 <sup>th</sup> Delegate							
5 <sup>th</sup> Delegate							

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**Terms and Conditions:**  
 In the event you are unable to attend the event, we would be happy to welcome a substitute delegate at no extra cost. Please do let us know within 5 working days before the conference in writing to confirm the change. Cancellations can be made up to 30 days prior to the event after which bookings will be charged in full.

**Avoid Visa Delays – Book Now:** Delegates requiring visa to the UAE should contact the hotel they wish to stay at directly and as soon as possible. Visas for non-GCC nationals may take several weeks to process.

If undelivered, please return to: Messe Frankfurt Middle East GmbH, P.O. Box 26761, Dubai, UAE