

Instructional Courses in Hand Surgery
7.3: Tendon Injury, Paralysis, Rehabilitation
Manchester Conference Centre
2 -3 February 2018

Friday 2 February

Time	Duration	Session	Faculty
08.50		Introduction	Mr Lindsay Muir
Flexor tendons			
Chairman: Miss Gill Smith			
09.00	15	Suture materials and biomechanics of tendon sutures	Mr Vijay Bhalai
09.15	15	Principles of flexor tendon repair including choice of suture, number of strands and epitendinous, configuration of strands	Professor Jin Bo Tang
09.30	15	Management of pulleys when to vent, management of tendons in zone 2 when to strip tendon;	Professor Jin Bo Tang
09.45	15	Tips and tricks, including spaghetti wrist, how to manage Camper's chiasma	Mr Mark Pickford
10.00	15	Rehab of flexor tendon injury including physiology	Mrs Alison Roe
10.15	15	Evidence in flexor tendon injury surgery	Mr Thomas Giesen
10.30	15	Questions	
10.45 25 Refreshment break			
Amputations and extensor tendon injury			
Chairman: Mr Fortune Iwuagwu			
11.10	10	Amputations principles, with particular reference to tendons. Only CMC joint and distal	Mr Zaf Naqui
11.20	15	Mallet finger and mallet fracture and open mallet finger incl Seymour #	Miss Alexandra Hazelrigg
11.35	20	Extensor tendon injuries and tendon imbalance, including contractures and intrinsic problems	Mr Anuj Mishra
12.00	15	Extensor tendon adhesions - tips and tricks	Mr Thomas Giesen
12.15	20	Management of central slip and boutonniere	Mr Mark Pickford
12.35	20	Management of swan neck	Miss Grainne Bourke
12.55	15	Questions	
13.10 55 Lunch			
CVA and CP and tetraplegia			
Chairman: Miss Grainne Bourke			
14.05	20	Cerebral palsy and hemiplegia a neurology view	Dr Krystyna Walton

14.25	20	Assessment and non surgical treatment CP and hemiplegia	Dr Krystyna Walton
14.45	20	Principles of management of CP	Dr Caroline Leclercq
15.05	20	Principles of management of spasticity	Dr Caroline Leclercq
15.25	15	Questions	
15.40	30	Refreshment break	
CVA and CP and tetraplegia			
Chairman: Mr Mark Pickford			
16.10	20	Principles of management of hemiplegia	Miss Gill Smith
16.30	20	Principles of management of Tetraplegia	Mr Simon Pickard
17.00	20	Questions	
17.20	10	Preview of June course	Mr Lindsay Muir
17.30	10	Introduction to Saturday	Mr Lindsay Muir
17.40		Close	

Saturday 3 February

08.00	Rotation between the following stations; each station 40 minutes; 10 minute gap to ensure smooth progression		
08.00	CP cases	Mr Dean Boyce	Miss Catherine Hernon
08.50	CVA and tetraplegia cases	Miss Gill Smith	Mr Simon Pickard
09.40	Simple flexor tendon cases	Professor Jin Bo Tang	Mr Thomas Giesen
10.20	Refreshment break		
10.50	Flexor tendon/ serious hand injury cases	Miss Grainne Bourke	Miss Emily West
11.40	Secondary reconstruction cases after flexor injury	Mr Fortune Iwuagwu	Mr Anuj Mishra
12.30	Extensor tendon cases	Mr Mark Pickford	Mr Rob Winterton
13.10	Lunch		
14.10	Intrinsics: examination and understanding	Mr Donald Sammut	Dr Caroline Leclercq
15.00	Tenolysis and skin problem cases	Mr Anuj Mishra	Dr Piotr Czarnecki
15.40	Close		

Faculty

Mr Vijay Bhalai	Consultant hand surgeon, Arrowse Park Hospital
Miss Grainne Bourke	Consultant hand surgeon, Leeds General Infirmary
Mr Dean Boyce	Consultant hand surgeon, Welsh Centre for Plastic Surgery and Burns
Mr Piotr Czarnecki	Consultant hand surgeon, Medical University of Poznan, Poland
Mr Thomas Giesen	Consultant hand surgeon, Universitäts Spital, Zürich
Miss Alexandra Hazelrigg	Hand Surgeon
Miss Catherine Herson	Consultant hand surgeon, Leeds Teaching Hospitals
Mr Fortune Iwuagwu	Consultant hand surgeon, St Andrew's, Chelmsford
Professor Jin Bo Tang	Professor of Hand Surgery, Nantong University, China
Dr Caroline Leclercq	Consultant hand surgeon, Institut de la Main, Paris
Mr Anuj Mishra	Consultant hand surgeon, Manchester Hand Centre
Mr Zaf Naqui	Consultant hand surgeon, Manchester Hand Centre
Mr Simon Pickard	Consultant hand surgeon, RJA Hospital, Oswestry
Mr Mark Pickford	Consultant hand surgeon, Queen Victoria Hospital, East Grinstead
Mrs Alison Roe	Hand therapist, University Hospital of South Manchester
Mr Donald Sammut	Consultant hand surgeon, Bath
Miss Gill Smith	Consultant hand surgeon, Great Ormond Street
Dr Krystyna Walton	Consultant physician in rehabilitation medicine
Miss Emily West	Consultant hand surgeon, Southmead Hospital, Bristol
Mr Robert Winterton	Consultant hand surgeon, Manchester Hand Centre